

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1	2	3	4
			FV 11:00 MIM 1:30 Choir B 3:00 Bocce Ball A1 11:00 Word Wonders A2 10:45 Word Wonders 11:00 Walks 1:30 Soothing Space	FV 9:45 Baking 11:00 Get Up & Go B 9:30 Walks 1:30 Visits-LB A1 9:15 Walks 9:30 Freshen Up 10:00 Swing Time 11:00 Visits-LG 1:30 GV Circle 3:00 Memory Lane A2 9:30/11:00 Rise and Shine 11:00 Walks 3:00 RV Circle	FV 9:00 Catholic Visits 11:00 Fitness 2:00 Happy Hour W/ Pete Campbell B 9:30 Walks 9:30 Reflexology 11:00 Up + At-Em A1 9:15 Walks 9:30 Bedside Vis LB A2 9:30 Freshen Up 10:00 M To M 11:00 Walks 11:00 5 Senses 1:30 Royal Bowling	FV 10:00 Manicures 1:30 Saturday Games A2 10:45 Ball Games
FV 2:00 Worship Service In The Chapel Sunrise: 7:38am Sunset: 5:14pm	FV 11:00 Snap To It 1:30 Bingo 3:00 Trivia B 9:00 Pet Visits 11:00 Music Ther. 1:1's A1 9:15 Walks 10:00 Pet Visits 11:00 Music Ther. 1:1's A2 9:00 Music Therapy 11:00 Bedside Pet Visits 1:30 Ball Games	FV 1:30 Krafty Korner 3:00 Weight Training B 9:00 Vinyl Club 11:00 PV Circle 3:00 Horse Racing A1 9:30 Warm Hands A2 9:30 Baking 11:00 Visits-LB 1:30 Bus Outing ○ FULL MOON	FV 11:00 MIM 1:30 Choir B 9:30 Walks 3:00 Bocce Ball A1 9:15 Walks 11:00 Word Wonders A2 10:45 Word Wonders 11:00 Walks 1:30 Soothing Space	FV 9:45 Baking 11:00 Get Up & Go 3:00 Weight Training B 9:30 Walks A1 9:15 Walks 9:30 Swing Time 11:00 Visits-LG 3:00 Memory Lane A2 9:30/11:00 Rise and Shine 11:00 Walks 2:00 BirthDay Tea with Francois Laberge	FV 8:30 Breakfast Club 9:00 Catholic Visits 11:00 Fitness 2:00 Happy Hour W/ Bev West B 9:30 Walks 9:30 Reflexology 11:00 Up + At-Em A1 9:15 Walks 9:30 Bedside Vis LB A2 11:00 Walks 11:00 5 Senses 1:30 Royal Bowling	FV 10:00 Manicures 3:45 Hymn Sing A2 1:30 Afternoon With Silvia
FV 2:00 Worship Service In The Chapel Sunrise: 7:27am Sunset: 5:25pm	FV 11:00 Snap To It 1:30 Bingo 3:00 Trivia B 9:00 Pet Visits 11:00 Music Ther. 1:1's A1 9:15 Walks 10:00 Pet Visits 11:00 Music Ther. 1:1's A2 9:00 Music Therapy 10:00 Bedside Pet Visits 1:30 Ball Games	Valentines Day 14 FV 11:00 Dancercise 1:30 Valentines Party W/ Twice Shy B 9:00 Vinyl Club 11:00 PV Circle A1 9:30 Warm Hands A2 9:30 FF 11:00 Visits-LB 3:00 Music Therapy	Memorial Service 15 Library Visits FV 11:00 MIM 1:30 Choir 3:15 Memorial Service B 11:00 Word Wonders A2 10:45 Word Wonders 3:00 Ball Games	FV 8:30 Breakfast Club 11:00 Get Up & Go 3:00 Weight Training B 9:30 Walks 1:30 Visits-LB A1 9:15 Walks 11:00 Visits-LG 1:30 GV Circle 3:00 Bozena's Visits A2 9:30/11:00 Rise and Shine 11:00 Walks 3:00 RV Circle	FV 9:00 Catholic Visits 11:00 Fitness 2:00 Happy Hour B 9:30 Reflexology 11:00 Up + At-Em A1 9:30 Bedside Vis LB A2 9:30 Freshen Up 10:00 M To M 11:00 5 Senses 1:30 Royal Bowling	FV 10:00 Manicures 1:30 Saturday Games A2 10:45 Ball Games 1:30 Afternoon With Silvia
FV 2:00 Worship Service In The Chapel Sunrise: 7:15am Sunset: 5:37pm	FV 11:00 Snap To It 1:30 Bingo 3:00 Trivia B 9:00 Pet Visits 11:00 Music Ther. 1:1's A1 9:15 Walks 10:00 Pet Visits 11:00 Music Ther. 1:1's A2 9:00 Music Therapy 11:00 Bedside Pet Visits 1:30 Ball Games	FV 11:00 Dancercise 1:30 Krafty Korner 3:00 Weight Training B 9:00 Vinyl Club 11:00 PV Circle 3:00 Horse Racing A1 9:30 Warm Hands A2 9:30 Baking 11:00 Visits-LB 1:30 Bus Outing SHROVE TUESDAY ● NEW MOON	FV 11:00 MIM 1:30 Choir B 9:30 Walks 3:00 Bocce Ball A1 9:15 Walks 11:00 Word Wonders A2 10:45 Word Wonders 11:00 Walks 1:30 Soothing Space ASH WEDNESDAY	FV 9:45 Baking 11:00 Get Up & Go 1:30 What's So Funny? 3:00 Weight Training B 9:30 Walks 1:30 Visits-LB A1 9:15 Walks 9:30 Swing Time 11:00 Visits-LG 3:00 Memory Lane A2 9:30/11:00 Rise and Shine 11:00 Walks 1:45 Mabel Jacket 3:00 RV Circle	FV 9:00 Catholic Visits 11:00 Fitness 2:00 BirthDay Tea W/ Karel Crepnjak B 9:30 Walks 9:30 Reflexology 11:00 Up + At-Em A1 9:15 Walks 9:30 Bedside Vis LB A2 9:30 Freshen Up 10:00 M To M 11:00 Walks 11:00 5 Senses	FV 10:00 Manicures B 1:00 Arm Class A2 1:30 Afternoon With Silvia
FV 2:00 Worship Service In The Chapel Sunrise: 7:02 am Sunset: 5:48 pm	FV 11:00 Snap To It 1:30 Bingo 3:00 Trivia B 9:00 Pet Visits 11:00 Music Ther. 1:1's A1 9:15 Walks 10:00 Pet Visits 11:00 Music Ther. 1:1's A2 9:00 Music Therapy 11:00 Bedside Pet Visits 1:30 Ball Games	FV 11:00 Dancercise 1:30 Krafty Korner 3:00 Weight Training B 9:00 Vinyl Club 11:00 PV Circle A1 9:30 Warm Hands A2 9:30 FF 11:00 Visits-LB 1:30 Bus Outing 3:00 Warm Hands 3:00 Music Therapy	FV 11:00 MIM 1:30 Choir 3:00 Catholic Mass B 9:30 Walks A1 9:15 Walks 11:00 Word Wonders A2 10:45 Word Wonders 11:00 Walks 1:30 Soothing Space 3:00 Ball Games	<div style="border: 1px solid black; padding: 10px; width: fit-content; margin: auto;"> AUXILIARY GIFT SHOP HOURS MONDAY-SUNDAY 11:30 - 3:00 </div>		

Abbreviation Key:

ACV=Anglican Communion Visits	MIM=Meditation in Motion	Visits LB= Lynda's Visits	FF = Feathered Friends	FV = Fraserview
UCC= United Church Communion	M to M=Movement to Music	Visits LG= Lynne's Visits	RV = Royalview	GV = Gardenview