

ENHANCING THE ENTRANCE TO ST. MICHAEL'S CENTRE



Earlier this year, the front entrance of St. Michael's Centre received some much needed upgrading and renovation, both the foliage and shrubbery outside the building, as well as the furnishings and painting on the inside.

The Therapeutic Garden Committee, with a grant from the Foundation, took on the outside of the front entrance. Jackie Kowalchuk, Chair of the Friends of the Living Garden Society, led the work group in memory of her mother Violet Hastings, who was a resident of St. Michael's Centre. She was assisted by her husband, Wayne and their son, Chris. Allan Joyce and Mark Garland, fellow Therapeutic Garden Committee members, gave their labour as well. This project involved trimming down several large overgrown trees that were blocking the sunlight and obscuring the front entrance from view, as well as making the entrance area quite dark on the inside. The old shrubs were taken out and new alder shrubs

and a variety of plants replaced them. Mark and Allan also built a cement block retaining wall to keep the soil from eroding away down the hillside slope. The colourful flowers and increased lighting created a brighter and tidier looking front garden entrance. Many people have commented on how beautiful the area now looks. The front door can now be seen from the street and people inside the building can see out so much more easily. This project is a wonderful tribute to all who worked on it and a fitting living remembrance of Violet Hastings.

The Foundation also funded the refurbishing of the indoor front entrance foyer and hall. A small committee was formed of family members, Marti Tutti and Dorcas Langston, as well as Helene Elias, Executive Director, and Terry Hadford, Director of Nutrition and Food Services. Their vision was to create clusters of seating areas along the window side for residents and their family members and

friends to talk, visit and socialize in a calm and inviting environment. Soothing colours emphasizing a homelike ambience were chosen for the paint, blinds and upholstered chairs. As many visitors and residents have difficulty getting up from low chairs, special higher chairs with full length armrests, high backs and firm seats were purchased. The concern of coffee spills on the chairs were addressed by the choice of special stain resistant fabrics. Likewise, higher tables were bought to avoid people tripping over lower tables. Translucent curtains along the windows modified the direct sunlight while still allowing an unobstructed view of the Living Garden below. A small canopy trim placed above the gift shop creates a subtle distinction that at the same time also compliments the larger ambience created by the conversational oases. The final result is a cluster of beautiful sitting areas for residents and their visitors to enjoy with all the comforts of home and special safety features to assist our resident needs.



CHANGES ON THE FOUNDATION BOARD



From left to right: Dr. James Grant, Gloria Tom Wing Staudt, Marti Tutti (presenter and present Foundation Board Chair), and Anne Toupin (Past Foundation Chair).

On Monday, September 28, 2009 at the AGM of the St. Michael's Centre Foundation, three of our 'retiring' members were each honoured with an engraved clock, to pay tribute to their six years of service which they had given as members of the Foundation Board. On behalf of the Foundation Rev. Michael Sabara summed up the many achievements that the entire Foundation had attained during the tenure of these three honourees and particularly noted the strong leadership that Anne Toupin had exhibited as the Foundation established itself as an independent Board within the Centre. Prior to this the Governance Board and Foundation Board had been one. Rev. Sabara also welcomed the three new incoming Foundation Board Members: Rev. Faun Harriman, Gordon Regar and Shaun Muc.

ST. MICHAEL'S CENTRE FOUNDATION BOARD

Marti Tutti - Chair
 Myrna Arychuk
 Lesley Brooks
 David Chapin
 Rick Folka
 Mark Garland
 Rev. Faun Harriman
 Dorcas Langston
 Doris Lee
 Shaun Muc
 Gordon Regar
 Rev. Michael Sabara
 Tom Stewart

ST. MICHAEL'S CENTRE FOUNDATION DONATION EXPENDITURE REPORT

In the last twelve months the St. Michael's Centre Foundation has funded a total of \$184,500 for equipment and projects. Many items came from our Wish List while still others were donations made towards specific projects. The breakdown follows.

DONATIONS FROM THE WISH LIST

1 Pressure Reduction Mattress (MIP 9000)	Donated by the Burnaby Firefighters Charitable Society
2 Air Purifiers	Donated by Heljo Eilau
1 Air Purifier (Sharp)	
Laundry Hampers	Donated by Knights of Columbus #12490 St. Helen's Council
6 portable oxygen concentrators and 6 nebulizers	Donated by TB Vets
Towards the Parkview Lounge Renovation	Donated by Murray Roxburgh
10 Military Service Recognition Books - Volume IV	
Chairs for the lounge areas	Donated by the South Burnaby Legion Branch No. 83
Equipment for the Music Therapy Program	Donated by Margaret Fuller
Towards the Music Program	Donated by Anne Toupin
10 Auxiliary Gift Certificates	Donated by Marilyn Parsons
10 Auxiliary Gift Certificates	Donated by Jack & Elizabeth Pereira
10 Auxiliary Gift Certificates	Donated by Margaret Shore
1 Auxiliary Gift Certificate	Donated by Janis Soparolo
Pastoral care pamphlets	
7 Laundry Collection Hampers	
30 Pillows	
Tilt wheelchair	
Stereo set for A1	
BBQ for residents	
Automatic meat slicer	
2 Toileting slings for lifts	Donated by the St. Michael's Centre Auxiliary
4 Welch Allyn Vital Sign Monitors	
10 Portable Bed Alarm Systems	
1 Carendo (Argo brand) Shower Chair	
4 Wheelchairs	
Directional Signage painted by Mural Artist	
2 Specialty Low Profile Beds & Mattresses	
1 Specialty Chair	
2 Specialty Mattresses First Step Select	
Turning Sheets	
Flusher Disinfectant	
3 Commode Chairs	Donated by the St. Michael's Centre Foundation

DONATIONS FOR THE THERAPEUTIC GARDENS

2 Large Koi	Donated by Dave & Marion McCullough
New pump for the pond and plants	Donated by BRAGS (Burnaby Rhododendron and Gardens Society)
Blue pot and plants	Donated by Veiko & Marti Tutti
Ongoing maintenance of the gardens	Donated by Betty Elvrum
Ongoing maintenance of the gardens	Donated by Murray Roxburgh
Towards the Residents' Gardening Program	Donated by Shirley Hazzard In Memory of Vi Hastings
Towards the Residents' Gardening Program	Maureen Child
2 Benches & Table for Chapel Garden	Donated by VEPVPA (Vancouver Elementary Principals & Vice Principals Association) in Memory of Sandy Wheelhouse

SPECIAL PROJECTS FUNDED BY THE ST MICHAEL'S CENTRE FOUNDATION

Renovation & New Furnishings Front Entrance
Trimming of Front Entrance Trees
Shrubbery & Plants at Front Entrance
Repair of Fraserview Porch Greenhouse
Therapeutic Dolls & Teddy Bears for Residents with Dementia

UNSPECIFIED DONATIONS

Janice Brown	Alan Codyre
Doug Del Net	Sandra Harrison
Geoffrey Hastings	Ruth Hawkes
Chuck Hyland	Dr. Sam Lang
Rebecca Leung	John Ramsay
Arthur Soper	Karen Thompson
Estate of George Hubert Armson	
Estate of Margaret E. Brennan	
Estate of Mona Lynn Robillard	
Knights of Columbus #4615	
Knights of Columbus #8853	
Centura (Toronto) Limited	
Telus Communications Co.	

IN MEMORIAM - COMPLEX CARE

George Hubert Armson	Margaret E. Brennan
Violet Hastings	Mona Lynn Robillard

IN MEMORIAM - HOSPICE

George Hubert Armson	Margaret E. Brennan
Mary Lenore Draper	Dot Hyland
Margaret Linsey	Marvin McLeod
Mona Lynn Robillard	You Tsen Teng
Connie Van Der Horden	Sandy Wheelhouse

MAJOR DONORS - COMPLEX CARE

Janice Brown	Heljo Eilau
Margaret Fuller	Geoffrey Hastings
Chuck Hyland	Dr. Sam Lang
John Ramsay	Murray Roxburgh
Arthur Soper	Marti and Veiko Tutti
Sonya Wheelhouse	
Estate of George Hubert Armson	
Estate of Margaret E. Brennan	
Estate of Mona Lynn Robillard	
Burnaby Firefighters Charitable Society	
Centura (Toronto) Limited	
Knights of Columbus #4615	
Knights of Columbus #8853	
Mr. & Mrs. P.A. Woodward's Foundation	
St. Michael's Centre Auxiliary	
Telus Communications Co.	
Vancouver Elementary Principals & Vice Principals Association	

MAJOR DONORS - HOSPICE

Alan Codyre	Doug Del Net
Sandra Harrison	Ruth Hawkes
Rebecca Leung	John Ramsay
Karen Thomson	

TB VETS GIVES OVER \$5,500 GRANT TO BURNABY'S ST. MICHAEL'S CENTRE

Burnaby, B.C. - TB Vets Charitable Foundation, a Burnaby-based registered charity, recently provided \$5,589 to St. Michael's Centre for the purchase of six portable oxygen concentrators and six nebulizers.

Each year, TB Vets provides funding to B.C. medical facilities to purchase vitally needed respiratory equipment that gives better diagnostic services, treatment, early detection, and patient services for those being treated with respiratory ailments and in respiratory distress. They also provide grants for tuberculosis and other respiratory research. This past year, more than \$350,000 has been donated to hospitals and research facilities throughout the province.

"Generous donors to TB Vets Charitable Foundation have helped fellow British Columbians

with breathing difficulties for more than 60 years," says Executive Director, Ron Goyette. "There are immediate and often lifesaving results from the financial support that TB Vets receives. We would like to thank all of our donors; it is this support that allows us to award grants to these deserving organizations."

Lara Fares, Director of Resident Care at St. Michael's Centre, noted that this equipment will assist patients being treated with respiratory problems. "With increased demand for health services and the pressures on hospital budgets, this funding from TB Vets is very welcome indeed," said Ms. Helene Elias, Executive Director "Our foundation is grateful that TB Vets was able to respond to our hospital's needs." TB Vets donated \$5,589 to St. Michael's Centre for the

purchase of six portable oxygen concentrators and six nebulizers. In 2008, TB Vets donated more than \$350,000 to hospitals and research facilities throughout the province to help those in respiratory distress.

TB Vets Charitable Foundation receives no government funding. Donations to their annual Keytag Campaign and other initiatives allow TB Vets to help children and adults across B.C. in respiratory distress. Since 1946, TB Vets has provided grants in excess of \$10 million to purchase vital respiratory equipment in B.C. hospitals, fund local respiratory research and education, and support the training of future Respiratory Therapists. TB Vets also provides employment for people with disabilities, in honour of the disabled veterans who founded TB Vets. For more information on TB Vets or to find out how to donate or volunteer:

please call 604-874-5636 or visit www.tbvets.org.



Shown left to right are: Bing Lee, a St. Michael's Centre resident and Jane Harding, Planned Giving Officer, TB Vets.

A LETTER FROM THE CHAIR OF THE ST. MICHAEL'S CENTRE FOUNDATION



The Foundation is in its seventh year of functioning and the main achievements that have been realized are as follows:

- ◆ The Foundation Board has become a distinct and separate organization with a Constitution and mandate that is different from the governing Board of St. Michael's Centre.

- ◆ The Foundation shares services with St. Michael's Centre but the cost of such is reimbursed to the Centre.

- ◆ The Foundation has supported the Centre with funding for programs (i.e. Music Therapy, Pastoral Care), as well as funding for medical equipment and other enhancements (i.e. the murals in Parkview Lounge, the A1Hallway and the Tub Rooms).

- ◆ The Foundation sponsored a new bus to take our residents on trips throughout the city.

- ◆ The Foundation has created an Annual Foundation Newsletter to advertise to the Community our accomplishments and to acknowledge in turn their support and financial assistance.

- ◆ The Foundation has encouraged an ongoing annual Mail Out Fundraising Appeal to past donors. The key feature is a "Wish List" that allows the donor either to choose an item where their donation can be applied to, or to choose to direct it towards the general projects of the Foundation. This year marks our Seventh such Appeal.

- ◆ The Foundation has an approved Planned Giving Program, which is available for implementation (i.e. estate planning gift) and has recently been named in several estates.

- ◆ The Foundation has planned several fundraising events (eg. a wine tasting in conjunction with Rotary and the play "Damien" in conjunction with the CHABC).

- ◆ Donor Boards have been established for recognizing benefactors to the Centre, as well as Memorial Boards, for remembering by contributions, residents and patients who have passed away.

- ◆ The Foundation has opened three therapeutic gardens at the Centre, and the last one, "The Chapel Garden", was formally inaugurated by The Honourable Steven L. Point, OBC, Lieutenant Governor of British Columbia.

- ◆ The Foundation funded the enhancement of the front entrance to the facility both outside through the Therapeutic Garden Committee and inside through a Sub-Committee of the Foundation. A lighter, brighter feel has resulted and enticing conversation clusters were created along the windows overlooking the Living Garden.

- ◆ Good working relationships between the Foundation Board, the St. Michael's Centre Board and the Executive Director and Management Team of St. Michael's Centre were established and continue to grow.

- ◆ A Mission, Vision and Values statement was created that outlined the distinct role of the Foundation in serving facility operations by helping to realize the equipment, programs and ambiance that enrich and enhance the quality of life for our Residents and Patients. All the members of the Foundation volunteer their time and work in pursuit of this role.

Yours truly,

Marti Tutti

Chair, St. Michael's Centre Foundation

ONE OF OUR PARTNERS - THE BURNABY HOSPICE SOCIETY

The Burnaby Hospice Society is a non-profit organization that supports palliative clients and their families in their home, at Burnaby Hospital and at St. Michael's Hospice. Volunteers in our Hospice Palliative Program provide social and emotional support through weekly visits, spiritual reading, playing music, vigils and helping with small errands. Our Bereavement Program offers short-term bereavement counseling and grief support groups. Also, volunteers provide bereavement support through phone calls and a weekly walking group. Memorial Services are held 3 times per year at the Shadbolt Centre, as well as a special Christmas Service for those grieving the loss of a loved one.

Volunteers interested in working with palliative or bereavement clients must take our 6 week training course. The next session will be held in the Fall of 2009. One of our fundraising ventures is our Thrift Store located at 6855 Kingsway (at Griffiths) that helps to support our programs. Hours: 10-4:30pm Monday to Saturday and 10-9pm on Wednesdays.

If you are interested in volunteering with us, or would like more information about the Burnaby Hospice Society, we'd be happy to talk with you.

Please call (604) 520-5087 or e-mail volunteer.bhospice@telus.net.

More Volunteers are Needed for the "Friends of the Living Garden Society" at St. Michael's Centre, Burnaby

We are looking for Volunteers who enjoy gardening and are willing to assist us in the upkeep of the three therapeutic gardens we have at the Centre: "The Living Garden", "Sunset Garden" and "Chapel Garden". These three gardens are being enjoyed by our Hospice patients, Complex Care residents, and their families.

If you take pleasure in putting in a garden and are willing to give a few hours each month to help maintain one, we invite you to become a member of the "Friends of the Living Garden Society". Please phone St. Michael's Centre at 604-434-1323 and leave your name and phone number with our Receptionist.

All cheques should be made out to: **St. Michael's Centre Foundation**
& mailed to: **St. Michael's Centre Foundation**
7451 Sussex Avenue, Burnaby, B.C. V5J 5C2

Enclosed is my gift of: \$10 \$20 \$25 \$50 \$100 \$500 Other: _____

My donation is intended for the St. Michael's Centre:

Check One: Extended Care Hospice Wherever Most Needed

If your donation is to mark a special occasion please fill in this section:

Name(s) of person being honoured: _____

Occasion: Memorial Anniversary Get Well Thank You
 Birthday Wedding Other Special Event: _____

Please send a card to: _____

Address: _____

Your name and the occasion being honoured is stated, but not the actual amount of the gift.

You will receive an official receipt for income tax purposes. (Registration # 119191211)

**Donations of \$1000 or more are publicly recognized on our Donor Boards,
in the Foundation Newsletter and in other public relations activities.**

If you do not wish to be publicly acknowledged, please indicate below by checking one or both:

Do not include my name: on Donor Boards in any public relations activity

DONATION
FORM 2009



*The Foundation
provides funding to
enhance services
beyond what is basic.*

*Thank you for your
generous gift to the
St. Michael Centre
Foundation.
It will assist us
greatly in the care of
our residents &
patients.*